

FOR IMMEDIATE RELEASE

**THE H.U.S.H. FOUNDATION PRESENTS
EMPOWERMENT BRUNCH & AWARENESS MARCH
IN HONOR OF DOMESTIC VIOLENCE AWARENESS MONTH**

Plainfield, NJ – The H.U.S.H. Foundation (Haven Until She Heals) proudly announces its upcoming Empowerment Brunch and Domestic Violence Awareness March on Saturday, October 4, 2025, in recognition of Domestic Violence Awareness Month. This day of reflection, empowerment, and advocacy will take place in Plainfield, NJ, and is open to the entire community.

Morning Awareness March

The day will begin with a powerful march from Library Park to Plainfield City Hall, symbolizing the community's united stance against domestic violence. This walk will shine a spotlight on the struggles that survivors face and the collective need for awareness, healing, and change.

Afternoon Empowerment Brunch

Following the march, guests will gather for the Empowerment Brunch at Douglas Hall Temple (722 St. Mary's Avenue, Plainfield, NJ 07062) starting at 12:00 PM. This engaging event is not just a meal – it's a healing experience.

It will feature:

- Inspirational Speakers – Including survivors, counselors, authors, and advocates.
- Movement & Self-Control Workshops – Led by the Director of Art Through Movement, including line dancing, therapeutic drumming, and self-defense.
- Therapy Through Art – Interactive art stations for emotional expression.
- Mental Health & Support Services – On-site counselors and therapists from Peter Pierre Counseling.
- Hands-On Healing Workshops – Small group setups with tools for growth and recovery.
- Fundraising & Raffles – To support ongoing H.U.S.H. programs and services.

"This is not just an event – it's a movement. We are walking for change and brunching for healing," said Aquita Clark, Co-Founder and President of The H.U.S.H. Foundation.

"At the end of the day, it's all about the clients and their success," added Kyna Ruiz, Co-Founder and Director of Programming. *"We are committed to walking alongside them through every step of their healing journey."*

JOIN US AS WE RAISE AWARENESS, OFFER HEALING, AND EMPOWER SURVIVORS TO RECLAIM THEIR LIVES.

Event Overview

March for Awareness

Start: Library Park, Plainfield, NJ
End: Plainfield City Hall
Time: Morning (exact time TBA)

Empowerment Brunch

Time: 12:00 PM
Location: St. Mary's Lodge,
722 St. Mary's Avenue
Plainfield, NJ 07062
Attire: Wear purple to honor Domestic
Violence Awareness Month

Get Involved

RSVP, Donate, or Volunteer:
Email: hushhousefoundation@gmail.com
Phone: (908) 555-1234
Instagram: [@hushhousefoundation](https://www.instagram.com/hushhousefoundation)



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The **H.U.S.H.** House
Foundation